



IBARAKI BASKETBALL ASSOCIATION

茨城県バスケットボール協会指導者育成委員会

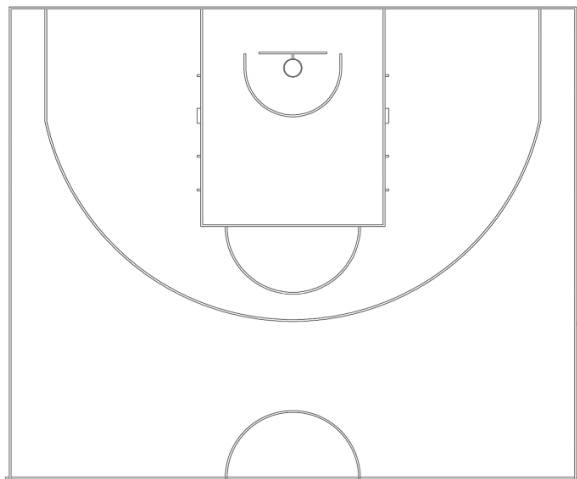


図 1

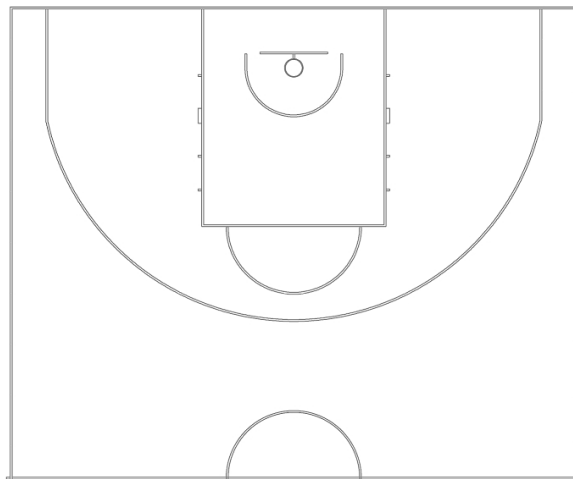


図 2

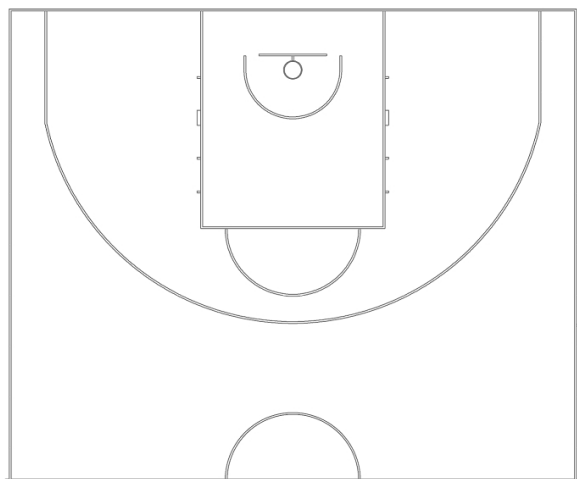


図 3

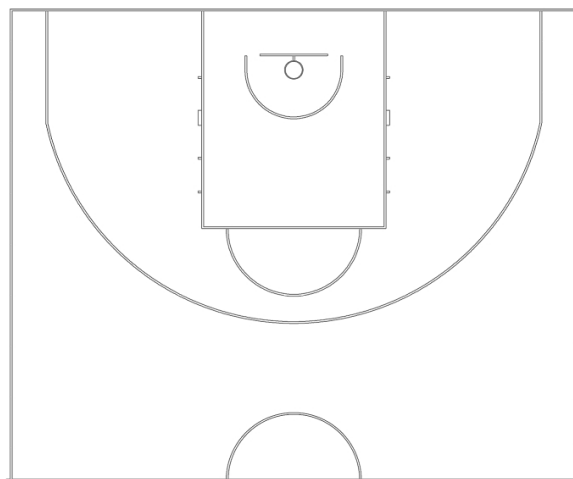


図 4

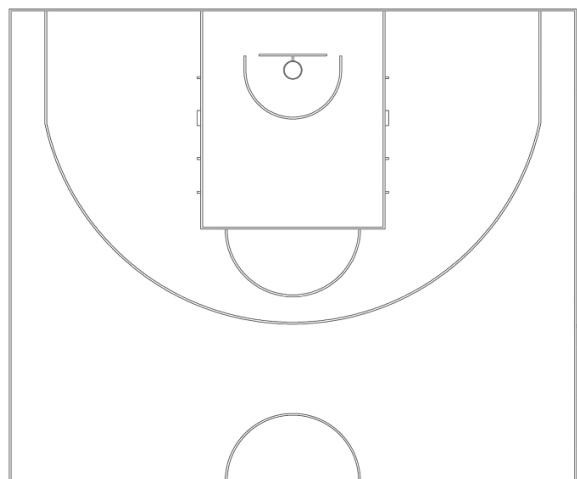


図 5

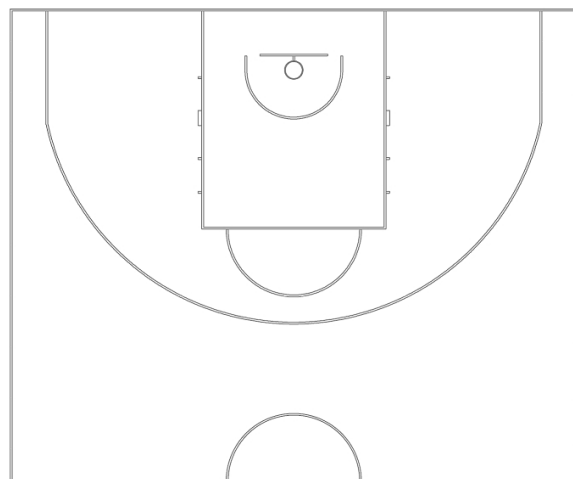


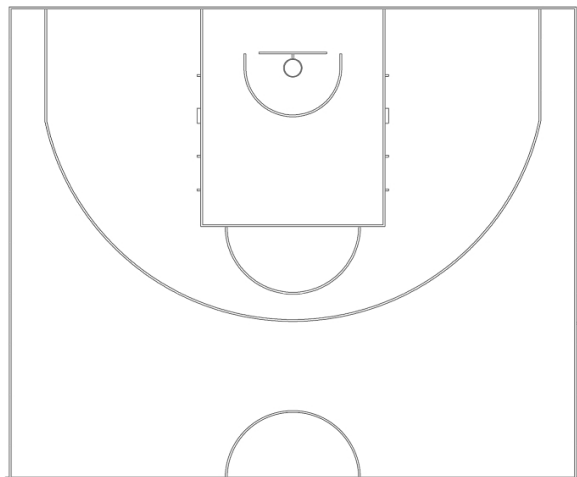
図 6



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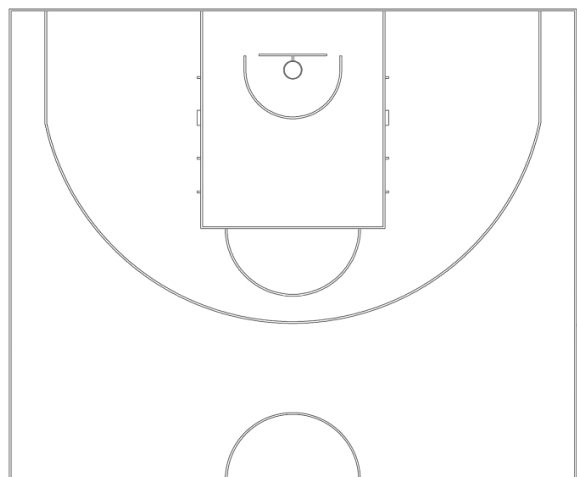
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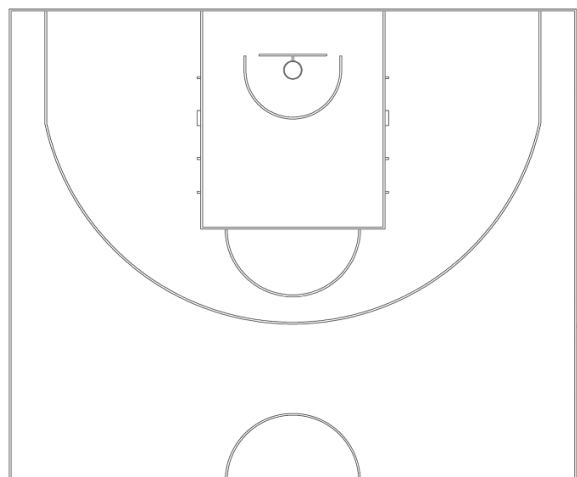
point

図 1



point

図 2



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図 3